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## Natural food supplement

- for cellular regeneration and antiaging
- increases cellular energy and facilitates DNA repair
- neutralizes the effects of aging, activating cellular autophagy and facilitating the removal of damaged cells and matter.
- improves egg quality and ovarian function and enhances spermatogenesis



## Live a longer and healthier life! Don't settle for just one ingredient to support a healthy anti-aging process.

ΣΤΟΙΧΕΙΑ ΣΥΜΠΛΗΡΩΜΑΤΟΣ / SUPPLEMENT FACTS		
Συστατικά/ Ingredients	περιεχόμενο ανά 3 κάψουλες/ amount per serving 3 caps	Δ.T.A. / N.R.V (%)*
Nicotinamide Mono Nucleotide	500 mg	**
Quercetin	500 mg	**
Resveratrol	500 mg	**
Spermidine	5 mg	**
Vitamin D3 (as cholicalciferol)	5000 IU (125 mcg)	2.500%
B-complex which contains:	10 mg	**
Vitamin B1 (Thiamin)	1.1 mg	100%
Vitamin B2 (Riboflavin)	1.4 mg	100%
Vitamin B3 (Niacin)	16 mg-NE*	100%
Vitamin B5 (Pantothenic acid)	6 mg	100%
Vitamin B6 (Pyridoxine)	1.4 mg	100%
Vitamin B7 (Biotin)	50 μg	100%
Vitamin B9 (Folic acid)	200 μg	100%
Vitamin B12 (Cobalamin)	2.5 µg	100%

Δόση: 2-3 κάψουλες την ημέρα / Δόσεις ανά συσκευασία: 30-45
Serving size: 2-3 capsules per day/ Servings per container: 30-45

QODION is a unique composition that offers a longevity complex with 4 revolutionary ingredients, along with the complete B complex of vitamins and vitamin D3, which has the ability to support a multitude of processes such as oxidative stress, cellular energy production,

the **shortening of telomeres** - the protective caps on the ends of chromosomes that shorten as cells age,

DNA integrity and repair mechanisms to ensure the healthy aging of your body along with the improvement of fertility and reproductive health in women and men.























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